

# Colchester and Parks Recreation

**"Creating Community Through People, Parks & Programs"**

## SPRING 2007

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## From the Director

While Winter took its time in arriving this year, let's hope that it does not plan to overstay its welcome into the Spring. Because, as always, we've got great plans for the return of warmer weather!

As we promised in the last issue, we're ready to unveil two exciting new programs. The first is actually an entirely new category: Active Adult. These programs will cater to community members age 50 and up. With a wide breadth of offerings, from dancing to bocce to archery, we look forward to serving a whole new audience, with the goal of hosting our own version of the "Connecticut Senior Games" next Spring.

Another new program will revolve around the climbing tower behind Bacon Academy. Over the past year, we have partnered with the school to restore and recertify the tower, and now we are ready to offer instructional and free-climb classes for youth and adults. Look inside this brochure for all the details on this safe and exciting program!

With the delayed onset of the winter weather, the Parks Maintenance Crew was able to get much more "fair weather" work done than they typically do at this time of year. And the results will surely pay off as visitors return to the parks, fields and playgrounds in the Spring for family fun and sports. It is easy to take their hard work for granted as you enjoy the facilities.

To get a better feel for some of what the crew does, join us at the 2nd Annual Spring Clean-Up Volunteer Day on Saturday, April 28, where hundreds of individuals and community organizations will come together to beautify our beloved town. With project locations at parks and schools throughout Colchester, there is no shortage of opportunities for people who want to get involved and lend a hand.

As it says on the cover, our mission is to bring the community together through people, parks and programs, with a goal of keeping everyone healthy and happy. If you have ideas on ways that we can better achieve our goals, we would love to hear from you.

See you in the parks!

Sincerely,

*Jason Cohen*

Jason Cohen, CPRP  
Director Colchester Parks & Recreation

Produced by  
**Norwich Bulletin**  
NorwichBulletin.com

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## We're Listening!

**WE WANT TO HEAR FROM YOU!  
ANY QUESTIONS OR COMMENTS?  
CALL OR DROP US AN E-MAIL.  
KEEP THIS IMPORTANT INFORMATION!**

Please Note: All Town Hall email addresses have been changed to ".gov" Main Office is located at Town Hall:  
**127 Norwich Ave, Colchester, CT 06415.**

### PARKS & REC ADMINISTRATION

Director, Jason Cohen - [jcohen@colchesterct.gov](mailto:jcohen@colchesterct.gov)  
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**Phone: (860) 537-7297 Fax: (860) 537-0547**

### PUBLIC OFFICE HOURS

Mon - Fri 9am - 4pm

### PARK MAINTENANCE

Tim Angell, Crew Leader

Don Standish, Mike Ryder

Neal Trecarten, Don Johnson, Nate Emmons, Jay Gigliotti

### SPORTS LEAGUES - WHO TO CONTACT

Although many organizations use town's facilities, the following groups *do not* come under the Direction of Colchester Parks & Recreation. Unless otherwise specified, sports leagues can be reached through their voice mailbox on the Parks & Recreation Infoline: 537-7297.

### YOUTH:

**Basketball:** Paul Scheibelein - [basketball@colchesterct.info](mailto:basketball@colchesterct.info)

**Cheerleading:** Linda Cullen 860-490-6506

and Tina Everett 537-0700

**Football:** [football@colchesterct.info](mailto:football@colchesterct.info)

Sean O'Leary -

**Lacrosse:** Tracy Loskant - [lacrosse@colchesterct.info](mailto:lacrosse@colchesterct.info)

**T-Ball, Baseball & Youth Softball:**

Tom Lambert - [baseball@colchesterct.info](mailto:baseball@colchesterct.info)

[www.eteamz.com/colchesterctbaseball](http://www.eteamz.com/colchesterctbaseball)

**Youth Soccer:** Bruce Lund - [soccer@colchesterct.info](mailto:soccer@colchesterct.info)

**Youth Wrestling:** Gordon Elrod - [wrestling@colchesterct.info](mailto:wrestling@colchesterct.info)

[www.colchesterwildcats.org](http://www.colchesterwildcats.org)

### ADULT:

**Men's Softball:** Mike Gatesman - [menssoftball@colchesterct.info](mailto:menssoftball@colchesterct.info)

**Women's Softball:** Lynn Weir - [www.colchestersoftball.org](http://www.colchestersoftball.org)

**Men's Soccer:** Hugo Vivero - [menssoccer@colchesterct.info](mailto:menssoccer@colchesterct.info)

### COLCHESTER SPECIAL OLYMPICS:

Necia Stopa - [nstopaharp@yahoo.com](mailto:nstopaharp@yahoo.com)



### New Ordinance Elderly Building Fee Exception

The Board of Selectman adopted a new ordinance that would waive certain building permit fees for anyone 62 years or older as follows: Waiver of fees: Building Permit fees may be waived by the Building Official for owner occupied, single family homes where at least (1) of the record owners is aged sixty-two (62) or over and where the permit is to replace or upgrade the roof, siding, windows, electrical or heating systems, at a Special Town Meeting held on December 7th, 2006. For additional information please contact the Colchester Building Official Tim York at 537-7280.

### Resident Reminder

With the arrival of the snow season, the Town of Colchester Highway department would like to remind residents to remove the basketball poles from the side of the roadway. The temporary/portable poles can create a possible hazard by extending into the travel lane, causing damage to passing vehicles and equipment during snow operations. In addition, the installation of permanent poles within the Town Right-of-Way is not permitted and such installations should be removed. If you have any questions, please contact us at 537-1086. Thank you in advance for your cooperation.

Colchester Highway Dept.

### Senior News

Yearly, the Colchester Senior Center and a 2nd grade class gather to promote education with the ages. The program is called "The Gift Goes On." This year's theme is "Fifty Is Nifty." We will be studying the fifty states. One of our goals is to receive postcards from all 50 states. If you are traveling, have family or know of someone traveling please have them send a card to us. We will read each card at our meetings.

Please send cards to:  
**Colchester Senior Center**  
"The Gift Goes On"  
95 Norwich Ave.  
Colchester, CT 06415

### Senior Trips

These fantastic trips are open to senior citizens first then to other guests as space allows:

**May 1 - 3:** Philadelphia, "In the Beginning", the outstanding show at the Sight and Sound Theatre in Lancaster, PA. In addition, this trip also goes to the Franklin Institute to see the King Tut Exhibit.

**July 11 - 23:** A 13-Day Alaska Trip! The trip of a lifetime! Deluxe Princess Land and Cruise.

**October 12 - 14:** Stars and Stripes, Washington, DC. Many interesting places to see!

### Football Fundamental Free Clinics



Football fundamental skills and drills open gym for all athletes' grades first through seventh. Every Sunday 4-6 pm in the Bacon Academy Gymnasium beginning 3/4/07 and running until 5/27/07. Free of charge and open to all athletes. Athletes should wear t-shirts, shorts and sneakers. Any questions please contact Coach Maranda at 860-303-8341.

## Town Hall Expo

Tuesday, April 10<sup>th</sup>  
3 - 6pm  
Colchester Town Hall

### Featuring:

- Touch-A-Truck
- Pizza Sampling
- Town Hall Display Booths
- Day Camp Open House
- Kids Activities
- And more!

Look for the April Fool's program!

## Coming Soon!



### NEW Youth & Adult Climbing Programs

The Colchester Parks & Recreation Department has been given the Climbing Wall at Bacon Academy School and plans to offer healthy and challenging programs in the spring and throughout the summer. Each class will run for an hour and will accept a maximum of 10 participants per session. Certified Climbing instructors will be teaching six-week introductory climbing lessons for both youth and adults ages 10-17 and adults 18 years and older. The instructor will teach the proper techniques and equipment used in climbing. Those participants that complete the introductory climbing program will have the opportunity to register for the advanced climbing program with instructor supervision. On week six of both the youth and adult programs the participants will meet at the Colchester Town Hall and be transported with the instructor to and offsite public climbing location. (Location, dates times, and cost TBD) Look for further information in the next few months.

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The Well Child Program is provided FREE OF CHARGE to qualified families. The program will be at Town Hall the first Thursday of the month from 1:30pm to 4:30pm. Children age birth to 18 years are eligible, but must be preregistered. Appointments are required. You may qualify even if you work or are self employed.

### Well Child Program

- School and Sports Physicals
- Immunizations
- Screenings
- Height and Weight Measurements
- Health Education

For more information, call Janet Taylor, Colchester Social Services, at 537-7235



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## News and Happenings Continue

### Athletic Facilities Task Force Receives Large Donation

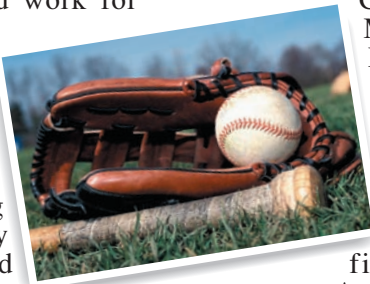
In January, the Cody Camp Memorial Field Foundation made a generous donation of \$5,200 to the task force, rounding out the funding it needed to move forward with its plans.

Last summer, the task force developed its recommended list of athletic and recreational facilities that it determined, through extensive surveying and research, that Colchester will need to serve the community over the next ten years. The next step was to hire an architect to examine this list and determine where in town they might be built and what it would entail.

After completing the selection and negotiation process, the task force decided to contract Vollmer Associates to do the desired work for \$10,000. With no funding, the task force began fundraising and quickly raised \$48,000. However, for the next six months, the account, and the task force, sat stagnant, unable to take the next step.

During this time, however, an unfortunate tragedy befell a young

Colchester resident: six year old Cody Camp passed away of cancer. To honor the memory of his short life, the Cody Camp Memorial Field Foundation was created, with the goal of building a baseball field in his memory. As Cody was a young baseball player and a huge Red Sox fan, the foundation thought this would be a fitting tribute. Within weeks, the foundation had already raised nearly \$100,000, along with numerous commitments of services



and materials to get the field built. The biggest obstacle for the foundation was obtaining a suitable piece of land on which to build the field.

It did not take long for the foundation and the task force to realize that they might be able to work together to achieve their similar goals. With the town developing plans to build fields on land it already owns, and the foundation having the resources to get it done, it appears to be an ideal partnership.

While the task force is moving forward, the foundation will now work with the town boards and commissions to determine the logistics of how the partnership will play out.

## And More News

### Rename the 57 Fest!

After two years of family fun and celebration, it's clear that the "57 Fest" will be around for many years to come. This year's event has already been scheduled for Saturday, September 29. What's not so clear is what it will be called.

While Colchester still claims its rank as the 57th best place to live in the country, based on the semi-annual ranking of towns by CNN/Money Magazine, many in town feel it is time to rename the event that originally heralded this recognition.

The challenge will be to find a fun and unique name that captures the spirit of this community festival. With its focus on free family fun and healthy activities, along with terrific

entertainment and a spectacular fireworks display, this event is proving tough to label.

So the festival planning committee is turning to the Colchester community for assistance!

Throughout March, Colchester Parks & Recreation will be collecting naming suggestions. The winning name will earn its creator the VIP treatment at this year's festival, including such benefits as reserved parking and an invitation to the Sponsor Reception.

Festival names may be submitted by March 30 by phone, fax, email or dropping by the office; but be sure to include your contact information, in case the committee selects your idea as the winner. The committee will announce the new name in April.

### Spring Clean-Up Volunteer Day

Sat., April 28, 9am-Noon  
8:30am check-in at the Town Green

Join hundreds of other community members and

town organizations as we plant, mulch and beautify various parks and school grounds throughout Colchester! Come dressed to get dirty, and feel free to bring shovels, rakes and wheelbarrows.



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## Summer Concerts

### Colchester Chevrolet and Parks & Recreation Team Up For Summer Concerts

For over twenty years, the Colchester Arts Commission has delighted the community with its annual “**Summer Concerts on the Green**”. This band of devoted volunteers worked tirelessly week after week, and summer after summer, to develop and produce the most anticipated event on Colchester’s Town Green. Each Sunday evening in July and August, the Commission brought fantastic free entertainment to the community, and the weekly attendance of hundreds demonstrated their appreciation.

Like a legendary athlete retiring at the top of her game, however, the Arts Commission has decided it is time to step down. Beginning this summer, Colchester Parks & Recreation will assume the honors of producing the “Summer Concerts on the Green”. According to Jason Cohen, the Director of Parks & Recreation, “The entire department is excited for this opportunity to carry on many of the town’s favorite traditions that the Arts Commission has developed over the years.”

Just as the Arts Commission had broad support from businesses and individuals throughout Colchester, the Parks & Recreation Department could not undertake a program like this alone. While new and returning supporters are encouraged and needed to donate toward this free program, the Town is proud to announce its partnership with **Colchester Chevrolet** as the title sponsor of this year’s concert series. Colchester Chevrolet is underwriting a major portion of the cost of the series to ensure that it continues to be a fantastic cultural experience for the entire community, all at no cost to Colchester’s taxpayers. According to Scott Roys, Director of Fixed Operations at Colchester

Chevrolet, speaking on behalf of Phillip Price, Owner, “It’s an honor to be part of such a positive event for the community. We will be at the events with our families and hope we can make new friends in the area.”

With Colchester Chevrolet’s assistance, Parks & Recreation looks forward to continuing to grow and improve the series, just as the Arts Commission has done over the past twenty years. They are already planning exciting new entertainers and experiences at this year’s shows.

With so much to do and such big shoes to fill, they have dived right in with the concert planning. The dates of the “2007 Summer Concerts on the Green sponsored by Colchester Chevrolet” are already set, and the entertainers have already been contracted. Concert goers can look forward to music ranging from rock to country, from disco to Motown, and of course, a featured kid/family show. The series will run for six Sundays, from July 8 to August 12, from 5:30-7:30pm. Additional activities, such as the perennial “Teddy Bear Parade” and onsite barbecues, will start earlier.

The series will kick off on July 8 with the “**All-Star Dyn-o-mite Disco Review**”, who were a smash hit at last year’s “Colchester 57 Fest” with their endless energy and incredible performance. The kid/family show on July 22 will feature “**Steve Songs**”, a nationally known band led by Steve Roslonek, who has five hit children’s CDs. Steve will also be appearing solo at an upcoming free community show in Colchester during April school vacation.

For complete information as it develops, including the band lineup and other fun activities and contests, be sure to visit [www.colchesterchevy.com](http://www.colchesterchevy.com) and click on the concert series link.

## Bus Trips

### Boston On Your Own: Saturday, April 14th

Enjoy a beautiful day in Boston doing what you like best! The Boston Aquarium, The Computer museum, Children’s museum, Faneuil Hall Marketplace, a whale watch, Duck Tours, USS Constitution tour, lighthouse tours, shopping in Quincy Market etc. It’s your choice we will do the driving. Luxury motor coach leaves Colchester Town Hall at 8:00am. \$38.00 per person.

### Bronx Zoo Trip: Saturday, May 5th

With award-winning, cutting-edge exhibits featuring over 4,000 animals, there is no other zoo in the world that offers the diversity, superb viewing, and world-renowned expertise that assures a rewarding experience and the knowledge that visitors can make a difference in the world around them. Whether you’re nose-to-nose with Western Lowland Gorillas in their famous Congo Gorilla Forest, spotting Snow Leopards in their naturalistic Himalayan Highlands Habitat, or experiencing almost an acre of an indoor Asian rain forest, you’ll know that your admission fees went to a conservation organization that has more expert researchers in the field than any other.

\$62 for adult, \$57 for children (12 and under) includes admission to the zoo and deluxe motor coach transportation departing from Marlborough Town Hall at 8 am and departing from the zoo at 4 pm. There are excellent cafeterias and snack bars or you may bring your own lunch.

### New York on your own in the spring: Sat., May 19th

Join us for our annual spring trip to New York City to see the Big Apple in its springtime glory. Visit the Botanical Gardens or take a carriage ride through Central Park, get tickets for a show or have lunch at one of the many famous restaurants in the City. It’s your day to plan as you wish, let us do the driving.

Cost includes luxury motor coach transportation to and from New York City. Bus leaves from the Colchester Town Hall promptly at 8 am and departs NYC at 6pm. There will be six drop off points throughout the City, and one centralized pick up point. Cost is \$40 per person.

### Tall Ships and Parade of Sail in Rhode Island: Saturday, June 30th

An exciting Maritime adventure! Tall ships of Rhode Island (TSRI) 2007 is an international celebration of world-class Tall Ships and youth training programs, culminating in the most extensive maritime festival ever, spreading across the entire Newport Harbor. This festival is highlighted by the presence of the Tall Ships fleet and capped off by their grand “Parade of Sails” into the sea. We will depart the Hebron Town Hall at 8 am and depart Newport Harbor at 6pm. Cost TBA.

### WaterFire Providence: Saturday, August 11th

WaterFire centers on a series of 100 bonfires that blaze just above the surface of the three rivers that pass through the middle of downtown Providence. The string of fires illuminates nearly two-thirds of a mile of urban public spaces and parks, as residents and visitors gather to stroll along the river. WaterFire is an experience that surrounds viewers on all sides and impacts all five senses. The crackling flames, the fragrant scent of blazing cedar and pine, the flickering firelight on the arched bridges, the silhouettes of the fire tenders floating by in their torch-lit vessels, and the extraordinary music from all around the world engage all the senses and evoke unique emotions from many who come to stroll along the river walks. There is no admission charge to WaterFire. The luxury motor coach transportation cost \$28, and departs Colchester Town Hall at 3pm, leaving Providence at 10 pm. If you would like to take a beautiful gondola ride please contact La Gondola at [www.gondolari.com](http://www.gondolari.com) to make your reservation.

### Meadowlands Flea Market: Saturday, October 6th

Shopping at the Meadowlands Flea Market is an extraordinary experience like no other! From hard to find essentials to the must have, attic treasures, crafts, collectibles, wonderful fresh produce and garden flowers. Explore the market located at Giants Stadium in the Meadowlands Sports Complex with more than 600 vendors, presenting an always-changing mix of product. Admission is free; Flea Market hours are 9 am to 5pm. Luxury motor coach bus leaves the Colchester Town Hall at 7am and departs from the Flea Market at 5pm. For more information on what the market offers you may visit the website at [www.meadowlandsfleamarket.com](http://www.meadowlandsfleamarket.com). Cost is \$41 per person for transportation to and from the Market.

### Kittery Outlets: Saturday, Nov. 10th

Holiday shopping in Kittery, ME with over one mile of famous brand outlet stores filled with great savings every time you shop! If you are looking for the latest in designer fashions, brand name shoes, fine china, house wares or that unique gift- this is the trip for you! For the outdoor enthusiast, the famous Kittery Trading Post offers a wonderland of camping and outdoor sporting gear. The outlet includes Coldwater Creek, Banana Republic, Crate & Barrel, Ross Simons and more. Check their website at [www.thekitteryoutlets.com](http://www.thekitteryoutlets.com) for a complete listing. Also included is a VIP savings

booklet, map etc. for each shopper. Luxury motor coach bus leaves Colchester Town Hall at 7am and leaves Kittery at 5pm. Cost is \$44 per person.

### Macy’s Thanksgiving Day Parade Balloon Inflation: Wed., Nov. 21st

Start your Holiday festivities in a “Big” way! Join us for the Thanksgiving Day balloon inflation the night before the big Macy’s Thanksgiving Day Parade in NYC. Get up close and personal with the giant balloons and possibly meet NYC dignitaries like the Mayor or visiting celebrities like Scooby Doo or Chicken Little; you never know who you will run into. Luxury motor coach departs Marlborough Town Hall at 12pm. The inflation begins approximately 4:30pm. in the Central Park area. There will be time prior to the inflation for lunch/dinner. Cost is \$37 per person.



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# Special Spring Events

Registration Deadline Is One Week Prior To Start Date Unless Otherwise Noted

## Pitch Hit & Run Baseball Contest

Who: Boys & Girls ages 7-14 years (as of July 17, 2007)

What: Baseball Skills Contest

Where: RecPlex Baseball Field

Sunday, April 29, 2007 - 1:00p.m. - 4:00p.m.

Rain Date Sunday, May 6, 2007

**FREE!!**

Pepsi & Major League Baseball Pitch Hit and Run is a local competition that provides youngsters across the country the opportunity to participate in a fun and exciting baseball skills competition. Pitch Hit and Run is a free national program that gives boys and girls ages 7-14 the chance to showcase their baseball abilities. Pitch Hit and Run is intended to encourage youth participation and emphasize the fun element of baseball. Participants can pre register at the Parks and Recreation office by April 20th. The individual Pitching, Hitting and Running Champions, along with the All-Around Champion in each age group at the local competition will advance to the Sectional level of competition.

All interested and eligible participants are encouraged to complete the registration/waiver form and return it to the Parks and Recreation office by Friday, April 20th. Registration forms will also be accepted the day of the competition at the Recreation Complex from 12:00p.m. - 1:00p.m.

## 30th Annual Hershey Track & Field Games

Who: Boys & Girls ages 9-14 years old (as of Dec. 31, 2007)

What: Local Track & Field Competition

Where: Bacon Academy School Track

Thursday, May 31, 2007 - 3:00pm-6:00pm

Rain date

**FREE!!**

Hershey Track & Field Games help promote physical fitness, encourage participation, friendship and sportsmanship. Events include the 50-meter dash, 100 meter dash, 200 meter dash, 400 meter dash, 800 meter run, 1600 meter run, 4x100 meter relay, standing long jump, and softball throw. Contestants can participate in two field events and one running event or two running events and one field event. The winners in each age division of the local

district meet will advance to the state final and possibly qualify beyond to the North American Finals held in August. Registered participants from Jack Jackter Intermediate School and William Johnston Middle School between the ages of 9-14 years old will be granted permission to leave school early and be bused to the Bacon Academy Track.

## (B3) 2nd Annual Brain Bucket Brigade Program

The B3 program encourages children to wear their helmets for safety while skateboarding at the Recreation Complex, Skate Park. The program will begin in April and run through October. Those skaters seen wearing their helmets by a Parks & Recreation staff member will be entered in to a weekly contest. Participant's names and contact information will be recorded and added to the weekly contest list. Every Friday a drawing will be held and one of the entrees will be selected to receive a B3 sticker and \$25 gift card from Montana's Board Sports and More. In addition their picture will be taken and added to the B3 Hall of Fame on the Parks & Recreation website.



## Camp SPARK

April Vacation Fun For Kids in Grades K-5

April 16th- 20th

Jack Jackter Intermediate School Gym

9:00am-3:00pm \$99 per child

8:00am-5:00pm (Extended Care) \$119 per child

Stay away from the couch, television, computer, video games and join us during the week of school vacation! Our weeklong day camp is designed to fit the needs of children and parents during April vacation. While you're not in school, spend the week having fun with friends and classmates. You will have full, jam packed days that include arts & crafts, sports, games, science activities, outdoor/recreational activities and much more! Lets celebrate the spring season together and do something different! Please specify at the time of registration if you need Extended Care.

Registration deadline is April 9th. This is a weeklong program. Please provide your child with a lunch for each day.

## Colchester Parks and Recreation & CASTLE Presents:

Steve Roslonek of SteveSongs

Wednesday, April 18th - 1:30pm-2:30pm

**FREE** and open to the public

Jack Jackter Intermediate School

Steve Roslonek of SteveSongs performs a unique brand of original songs for kids. Steve blends participation, songs, clever stories and great melodies into an experience that leads young listeners on what the Globe calls, "not just a musical journey but also an entertaining, interactive and educational one." His music has won numerous awards, including a Parent's Choice Gold Award, CMW Best Audio Award, a NAPPA Honor and a iParenting Media Award. He has recorded a winning album and has performed over 1500 shows/workshops in 17 different states.

# Preschool

Registration Deadline Is One Week Prior To Start Date

## Happy Notes

Fridays, April 13 - May 18

10:30 - 11:15 a.m.

Cragin Memorial Library

A Colchester favorite! An interactive music program designed to give children the opportunity to explore their own imagination through music and shine with their own musical ability. Please register all children who will be in the room who are between the ages of three months to 5 years.

Fee: \$54.00 Activity 4000.439

## Preschool Picasso

Fridays, April 13 - May 18

11:30 - 12:15 p.m.

Ages: 3 - 5 years old with adult

Parents and preschoolers will have fun creating age appropriate crafts and art projects together! Come craft with us and meet other parents. Parent participation is a must! Please register all preschoolers that will be attending. We'll make treasures to keep forever! No class April 20th.

Fee: \$42.00 Activity 4000.351

## Lil' Kickers Introductory Program

Thursdays, March 29 - April 19

Colchester Chung Do Kwan Academy

Ages: 3 - 5 years old

The Chung Do Kwan Academy of Colchester is offering a 4 week introductory Lil' Kickers Program. This



specialized Taekwondo class is offered to children ages 3-5 years. The Lil' Kickers Program focuses on improving preschool-age children's basic motor and listening skills. In the Lil' Kickers classes, your child will be exposed to positive social interaction, learn to work with others and follow directions from the instructors through Taekwondo training. The curriculum consists of developing 8 major skills that are necessary for participation in any sport or

activity. These skills are focus, teamwork, control, balance, memory, discipline, fitness and coordination. Child must be 3 years old by 3/28/07.

Fee: \$50.00

9:30 - 10:10 a.m. Activity 4000.446

12:45 - 1:25 p.m. Activity 4000.447

## Music & Movement Kids

Saturdays, March 24 - May 12

9:00 - 9:45 a.m.

CES Cafeteria

Ages: 3 months to 5 years old with adult

BY POPULAR DEMAND! Announcing a NEW Saturday preschool program "M & M Kids!" This innovative parent and child class is the perfect place for parents to learn and experience fun ways for their family to make enjoyable music together. This class explores a variety of classic kids songs, percussion, dance, games and movement that makes music making fun and easy for the whole family. M & M Kids will help develop listening skills, encourage expression and enhance interaction. Please register ALL children attending the class. Please note there is no class on 4/7 or 4/21. Please use Gym entrance.

Fee: \$45.00 Activity 4000.481

## Start Smart Baseball

Mondays, March 19 - May 7

Ages: 3 - 5 years old with adult

CES Gym

Play with your kids!! This program focuses on teaching children and their parents basic baseball skills such as batting, throwing, catching, and running the bases without the threat of competition or the fear of getting hurt. Mandatory Parents Meeting on Thursday, March 15th in Norton room A at Cragin Memorial Library from 6pm-7pm. If you have already attended a Start Smart Parent Meeting, you are excused. Limit 20 students; No class 4/16 or 4/30.

Fee: \$35.00

6:00 - 7:00 p.m. Activity 4000.544

7:00 - 8:00 p.m. Activity 4000.449



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# After School

Registration Deadline Is One Week Prior To Start Date

Parents MUST send a note to school each week giving their child permission to participate in any after school program. Children without notes will not be able to participate. Space is limited register early. Late Fees: Our after school programs are over at 4:30 p.m. We ask that you pick your child up at that time. If you arrive after 4:35 p.m. you will be billed a \$1.00 per minute late charge. Please be considerate!

## Budding Scientists at CES

**Mondays, March 26 - May 21**

**3:15 - 4:30 p.m.**

**CES Classroom**

Attention all Budding Scientists! This session is about "Crazy Concoctions and Chemical Reactions." We'll explore oxygenation, make some serious "goop", and play with some yummy smelling dough. We'll whip up some "bubbly fun" and make raisins dance! We'll even make our own mini-ocean. Come join the fun! Please note this class is 7 weeks.

**Fee: \$49.00 Activity 3000.503**



## Captain Cook

**Tuesdays, March 27 - May 15**

**3:15 - 4:30 p.m.**

**CES Classroom**

Get ready for FUN in the kitchen! Children will explore using hands-on food preparations while learning to use a

variety of ingredients and cooking methods! Eating their creations surely provides a special experience! All recipes will be shared at the end of each class. Please note this class is 7 weeks.

**Fee: \$49.00 Activity 3000.519**

## Krafty Kids at CES

**Wednesdays, March 28 - May 16**

**3:15 - 4:30 p.m.**

**CES Classroom**

This is a great class for all those who love to create fun craft projects. Step into spring make your own birdhouse memo clip, plus new spring projects! This program is designed for kids in grades 1 & 2 ONLY! Please note this class is 7 weeks.

**Fee: \$49.00 Activity 3000.520**

## Decorative Desserts

**Thursdays, March 29 - May 17**

**3:15 - 4:30 p.m.**

**CES Classroom**

Spring is here let's celebrate and have fun making Sunshine Cakes, and Bunny Cupcakes, as well as many other tasty items. It's fun, it's easy and you can do it! You won't believe how amazing snacks can look...and taste! Parents please bring a container from home to take home your child's decorative desserts. For grades 1-2 ONLY. Please note this is a 7 week class.

**Fee: \$49.00 Activity 3000.521**

## Squeaky Sneakers Kindergarten

**Thursdays, March 29 - May 17**

**3:15 - 4:30 CES Gym**

Get active and have fun after school! Join us for an enthusiastic approach to physical activity and recreation. Help your child attain their daily recommended amount of physical activity! This program will keep kindergartners busy with games and sports. Dress appropriately, we'll be outside as much as possible! Please note this class is 7 weeks.

**Fee: \$49.00 Activity 3000.501**

## Squeaky Sneakers Grades 1 & 2

**Fridays, March 30 - May 25**

**3:15 - 4:30 p.m.**

**CES Gym**

Get active and have fun after school! Join us for an enthusiastic approach to physical activity and recreation. Help your child attain their daily recommended amount of physical activity! This program will keep you busy with games and sports. Dress appropriately, we'll be outside much long as possible! Please note this class is 7 weeks.

**Fee: \$49 Activity 3000.502**



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JB4447

# Youth

Registration Deadline Is One Week Prior To Start Date

## Cartooning

**Tuesdays, March 27 - May 8**

**7:00 - 8:00 p.m.**

**Ages: 5 - 15 years old**

Cartoonists create with a combination of skills and imagination. Learn about drawing people and create your own characters and comic pictures. Projects include cartoon faces, action bodies, caricatures, expressions and humor. Supplies will be provided by the instructor. Registration deadline March 13th. Class located in room 15 at WJMS. No class April 17th.

**Fee: \$74.00 Activity 4000.478**

## Golf School for Juniors Grades 3 - 5

**Mondays, April 30 - May 21**

**4:00 - 4:45 p.m.**

**Colchester Golf Range**

Golf School for Juniors under the direction of PGA Professional John Callahan, is designed to promote the game of golf to young golfers of all abilities. The goal is to provide a safe and enjoyable environment that will stimulate interest in the game. Participants will learn the importance of rules and etiquette, as well as the basics of the golf swing and the game. All areas of the game are taught, including chipping, irons and woods. The game of golf is a great way to spend time outside, make new friends, and above all, have fun! Spaces are limited and accepted on a first come first serve basis. You must pick up your child at the Golf Range at 4:45 p.m. This program is for grades 3 - 5 ONLY. All equipment will be provided.

**Fee: \$72.00 Activity 3000.525**

## Golf School for Juniors Grades 6 - 12

**Mondays, April 30 - May 21**

**3:00 - 3:45 p.m.**

**Colchester Golf Range**

Golf School for Juniors under the direction of PGA Professional John Callahan, is designed to promote the game of golf to young golfers of all abilities. The goal is to provide a safe and enjoyable environment that will stimulate interest in the game. Participants will learn the

importance of rules and etiquette, as well as the basics of the golf swing and the game. All areas of the game are taught, including chipping, irons and woods. The game of golf is a great way to spend time outside, make new friends, and above all, have fun! Spaces are limited and accepted on a first come first serve basis. This program is for grades 6 - 12 ONLY. All equipment will be provided.

**Fee: \$72.00 Activity 3000.526**



## April Vacation Student Special

**Monday - Friday April 16th - 20th**

**\$2 Off The Price Of Any Size**

**Bucket Of Golf Balls!**

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# Youth

Registration Deadline Is One Week Prior To Start Date

## Musical Theatre Performance Class Saturdays, March 10 – April 14 10:00 a.m. – 12:00 p.m. CES Cafeteria Ages: 12 - 18 years old

How do you perform a musical theater song and make it come to life? How do you act and sing at the same time? How do singers and accompanists work together, and above all WHAT DO I DO WITH MY HANDS WHEN I SING? Explore the world of musical theater performance in this dynamic, six-week class, instructed by Imelda Franklin-Bogue of the Manhattan-based Pacific Opera Company. Learn about storytelling through song, finding your own personality within the piece, working with a professional accompanist, and performing for your peers, and some basic tools for creating a winning audition! We will end the class with a final performance on the last day. Students can choose to learn one group number and a solo piece (chosen by the instructor based on your strengths) or just the group number. Class fee includes



one hour-long private voice lesson, scheduled at a mutually agreeable time, and goal-setting session with the instructor, who loves beginners! Boys & Girls are welcome!  
Fee: \$100.00 Activity 4000.477

## Shoots & Hoops Boys Thursdays, April 26 – May 31 7:00 – 8:30 p.m. CES Gym

This is a great opportunity for boys to learn the fundamentals and improve their skills under the supervision of high school coaches. Clinic will consist of drills, scrimmages and competition. The Director is Dave Shea, former Bacon boys varsity basketball coach and current girls varsity coach. Assisting Shea will be other high school coaches. THIS PROGRAM IS FOR BOYS IN GRADES 5 - 8 ONLY.  
Fee: \$48.00 Activity 5000.530

## Shoots & Hoops Girls Tuesdays, April 24 – May 29 7:00 – 8:30 p.m. CES Gym

This is a great opportunity for girls to learn the fundamentals and improve their skills under the supervision of high school coaches. Clinic will consist of drills, scrimmages and competition. The Director is Dave Shea, former Bacon boys varsity basketball coach and current girls varsity coach. Assisting Shea will be other high school coaches. THIS PROGRAM IS FOR GIRLS IN GRADES 5 - 8 ONLY.

Fee: \$48.00 Activity 5000.531

## Tae Kwon Do Introduction

The Colchester Chung Do Kwan Academy is offering an introductory program in Tae Kwon Do. Students will receive the basic knowledge Tae Kwon Do of as well as physical fitness training. This is a great activity for children and adults of all ages because it helps increase focus, concentration and discipline. This is a one-month program that offers a very flexible training schedule. You are welcome to train during any and all class times that are open to beginners. Come and try out this exciting and challenging sport! The registration fee includes a free uniform! You may only participate in this program once.  
Fee: \$50.00

Ages 4 – 11 years old

Class Times:

Monday & Wednesday 5:30-6:30 PM

Tuesday & Thursday 6:00-7:00 PM

April 4000.473

May 4000.474

Ages 11 – Adult

Class Times:

Monday & Wednesday 6:30-8:00 PM

Tuesday & Thursday 7:00-8:30 PM

April 4000.475

May 4000.476

## Track & Field Clinic

Tuesdays & Fridays

April 10 – May 11

6:00 – 7:00 p.m.

Bacon Academy Track

Is your child interested in track & field? Well, our Track & Field Clinic comes just in time for your child to learn all abilities needed to participate in the Hershey Track & Field event that Colchester will hold on Thursday May 31st This clinic is a 4-week, 8 session program that will lead up to the local Hershey event. Don Levine will direct the clinic and have your child gain familiarity with this exciting sport. This program is for ages 9 - 14 (participants must be of age as of December 31, 2007).

Fee: \$42.00 Activity 5000.504

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# Fabulous 50's and Older

Registration Deadline Is One Week Prior To Start Date

## Bocce

**Mondays, April 23 - June 4, 6:00 – 8:00 p.m.**

### RecPlex Bocce Courts

Come learn and master this fun and competitive Italian game of skill! This sport has some similarities to shuffleboard and billiards. It will sharpen your reflexes and judgment while simulating good fellowship among players. The game is played with partners; all beginners welcome; fundamentals and rules of the game will be taught on premises before the first match. Sign up now for this strategic game ~ Bocce! This program has been designed for adults age 50 and older!

**Fee: \$42.00 Activity 5000.175**

## Golf School for Adults

**Tuesdays, May 1 - May 22, 6:30 – 7:30 p.m.**

### Colchester Golf Range, Old Hebron Rd.

Golf School for Active Adults age 50 and older offers four (4) hours of instruction designed to introduce golf fundamentals to beginners and review the basics for more experienced golfers. Under the direction of PGA Professional John Callahan, a curriculum has been developed that includes all aspects of the game-grip, stance, full-swing, chipping and putting. All equipment will be provided.

**Fee: \$72.00 Activity 4000.573**

## Archery

**Mondays, April 23 - June 4, 6:00 – 7:00 p.m.**

### RecPlex Football Field

Begin the journey into the world of archery by learning or expanding knowledge and techniques with a certified instructor. Adults age 50 and older will experience the challenging sport of archery. This clinic is designed to teach safety techniques and enhance the fundamentals of archery. Equipment is provided and participants will have a chance to develop skills through hands-on experience. Learn how to select bows, arrows, and other archery equipment and apply your skills by shooting. No class May 30.

**Fee: \$45.00 Activity 5000.171**

## Tennis Lessons

**Tuesdays, April 24 - May 29**

**6:30 – 7:30 p.m.**

### RecPlex Tennis Courts

Tennis for beginning adults age 50 and older. This class will cover the basics including forehand and backhand strokes, overheads, and serving. It will be taught by Colchester resident Dana Lord who has been involved with the game, both playing and teaching, for over 45 years. Mr. Lord has been the assistant coach with the Bacon boys tennis team for the past three years and participates in local tournaments and ladders. Please bring to the classes a tennis racquet, a can of balls, and a positive attitude that you will be starting to learn a game that you can play well into your senior years. Dress comfortably and wear soft soled tennis shoes (or cross-trainers).

**Fee: \$42.00 Activity 4000.500**

## Golf Programs at the Colchester Golf Range and Teaching Center

**The Principals:  
John Callahan and  
Angie Callahan**

### Brief bios:

John has been a Professional Golfers Association (PGA) Member for over 25 years—since graduating from Stonehill College in North Easton, Massachusetts. His golf career includes Head Golf Professional positions at several country clubs in Vermont where he was a multiple winner of that State's four majors (Stroke Play, Match Play, Pro-Pro and Pro-Am Championships). Callahan has had brief playing stints on many professional tours. However, his real passion has always been for teaching the game of golf—the past three years as the PGA Teaching Professional at the prestigious Brae Burn Country Club in Purchase, New York.

John's wife Angie, who has a Bachelor of Secondary Education Degree with a major in English from Xavier University in Cagayan de Oro City, Philippines, will be assisting with the organization and operation of the golf schools.

John and Angie Callahan are new residents of Colchester along with their infant son, Casey James.



# Special Events

Registration Deadline Is One Week Prior To Start Date

## Egg Tossing Techniques

**Sunday, April 8, 6:00 - 7:30 a.m.**

### RecPlex Pavilion

Frustrated by ending up with egg on your face? Wash away that yolk by learning the keys of successful egg tossing techniques from Art Vandalay the 2006 Egg Tossing Champion.

**Fee: \$1.00 Activity 5000.0330**

## Fishing Class

**Tues. & Thurs., May 1 – May 8, 6:00 -8:00 p.m.**

### Location TBA

**Ages: 5 years old (with adult) and older**

The Connecticut Aquatic Resources Education (CARE) program is sponsoring a three day two hour class to teach individuals and families about fishing! The class will be taught by State Certified Instructors. All equipment and materials will be provided. This class is indoors. You will learn about methods, gear, safety, pond ecology, sportsmanship and how and where to catch your own fish. Try some fishing equipment and see how it works along with practicing casting and tying knots Both kids and adults are welcome however all kids must be accompanied by an adult. You must pre register for this program.

**Fee: \$1.00 Activity 5000.174**

## Family Bocce

**Tuesdays, April 24 – May 22, 6:00 – 8:00 p.m.**

### RecPlex Bocce Courts

Come learn and master this fun and competitive Italian game of skill! This sport has some similarities to shuffleboard and billiards. It will sharpen Your reflexes and judgment while simulating good fellowship among players. The game is played with partners; all beginners welcome; fundamentals and rules of the game will be taught on premises before the first match. Sign up now for this strategic game ~ Bocce!

**Fee: \$42.00 Activity 5000.176**

## Horseshoes

**Wednesdays, April 25 - May 23, 6:30 – 8:00 p.m.**

### RecPlex Horseshoe Pits

Come and learn the traditional game of horseshoes! This sport is easy to learn and fun to play! The horseshoe throwing concept is similar to bowling. It can be played with a partner or as a single; all beginners are welcome. The official rules and various throwing techniques will be taught and demonstrated before the first match. All equipment will be provided. This program is appropriate for men, women & children ages 10 and older.

**Fee: \$42.00 Activity 4000.572**

## Hair Magic Academy

24 Norwich Ave., Colchester 537-9925

Offering Complete Training for a career as a hair artist. Including haircuts, perms, colors, manicures, pedicures and eyebrow waxing. Sign up now and receive Free books, kit and roller tray — a value of \$800.

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Hair Magic Academy is a school of Cosmetology that has been in Colchester for four years. Every area of the business of hair artistry is taught. Hair Magic is a smaller school that specializes in one on one education. The students learn the top techniques in hair coloring and perming, including different methods of hi-lites, low-lites, foils and extreme colors. They also learn piggy back perms for long hair, spiral perms and no rod perms. In addition, the students also learn about various bone, muscle, nerve, skin and nail disorders.



Dorothy Seitz  
Owner & Director of Admissions

Cosmetology is an excellent career. There is always employment available for hair artists. Hair Magic Academy offers job placement and an opportunity to start one's own business. There are special financial arrangements that can be made and also Sallie Mae Student loans available.

The Hair Magic Academy also offers graduates the opportunity to rent a chair in their salon. Also offering other classes at night including the Esthetician and Nail Technician classes.

## Hair Magic Salon

24 Norwich Ave. Colchester, CT

**(860) 537-8020**

[www.hairmagicacademy.com](http://www.hairmagicacademy.com)

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# Adult

Registration Deadline Is One Week Prior To Start Date

All adult programs are for men and women 18 years and older unless otherwise specified. We welcome 16 year olds in some programs with parent permission. These classes emphasize fitness for all ability levels through exercise. To enroll you must be in good physical condition. If there is any uncertainty about your ability to undertake an exercise program, we suggest that a physician be consulted for an evaluation.

### Adult Recess

Wednesdays, March 28 - May 9  
6:30 - 8:00 p.m.  
WJMS Gym A

It's recess time for adults! Kickball, dodge ball, volleyball? Remember all those fun and exciting blacktop games you played as a child? We'll be bringing back the old favorites! Each week will be a different game. No program April 18th  
Fee: \$25.00 Activity: 2000.437

### Basic Dog Obedience

Tuesdays, April 3 - May 15  
6:30 - 7:30 p.m.  
Town Hall Lawn

This 7 week class is designed to create a deeper dog-owner bond, address some behavior issues and help owners understand how their canines communicate. Six basic obedience commands will be covered: come, heel, sit, down, stay & stand as well as temperament type. This class is appropriate for dogs six months and older. The first class is for OWNERS ONLY and will enlighten you as to what to expect from this class. Enrollment will be finalized with a brief phone consultation with the trainer before the first class. Please bring a chair to the first class and wear comfortable clothes and footwear.

Fee: \$100.00 Activity 4000.395

### Introduction To Adult Ballroom Dancing

So you think you can dance! Adults join this fun and exciting dance preview class known as ballroom dancing. During this one day preview class adults will cover a brief overview of several different types of dance



including the waltz, swing, a few Latin dances (salsa cha-cha, tango and more!) If you enjoy the preview class register for the remaining five Ballroom introduction classes by Friday, March 30th. No partners are required and no experience needed. Participants may wear comfortable clothing, ballroom shoes, character shoes, or any shoe they may go out dancing in provided that the bottoms are clean and not worn directly off the street. (No Black soled sneakers)

### One Night Preview Class, Wednesday, March 28

7:00 - 8:00 p.m.

Dance Academy of Colchester  
Fee: \$10 Activity 2000.438

### 5-Week Class

Wednesday, April 4 - May 9  
7:40 - 8:40 p.m.

Dance Academy of Colchester  
Fee: \$53.00 Activity 2000.439

### Intermediate Ballroom Dancing Wednesdays, April 4 - May 16

6:40 - 7:40 p.m.

Dance Academy of Colchester

This adult Intermediate Ballroom Dancing Program is appropriate for those who have taken the Introductory to Adult Ballroom dancing class and have a basic knowledge of ballroom dancing. Participants will further learn about dances which included but not limited to the Waltz, Swing, Salsa, Rumba, Tango, Fox Trot and more! The last class will be a ballroom party with refreshments. No partners are required. Participants may wear comfortable clothing, ballroom shoes, character shoes, or any shoe they may go out dancing in provided that the bottoms are clean and not worn directly off the street.

Fee: \$63.00 Activity 2000.440

### Cardio Kick Trim & Tone Class

Tues. & Thurs. April 10 - May 31  
6:00 - 7:30 p.m.

Bacon Academy Cafeteria

Keep moving with a combination of cardio moves and weight training methods. April uses the most updated and effective movements. Start with Cardio to boost the metabolism with modified kicking and punching to get that extra shape. Continue with weight repetitions for the whole

body, and end with an explosive ab routine! See results with this new combined class! Please bring a water bottle. No class April 17th & 19th

Fee: \$84.00 Activity 2000.424

### Women's Self Defense

Tuesdays, March 5 - March 26

8:00 - 9:00 p.m.

Colchester Chung Do Kwan Academy

The Colchester Chung Do Kwan Academy is offering a Women's Self-Defense course for all females ages 13 and older. The class is designed to give you assault prevention strategies as well as physical self-defense techniques. You will learn to become more aware of your surroundings, to assess a situation and to act as necessary. Wear comfortable clothes.

Fee: \$50.00 Activity 2000.436

### NYSCA Coaches Training

Thursday, April 5

6:00 - 9:00 p.m.

Town Hall Room 1

Initial Level Membership: Introduction to coaching youth sports program: To become a member, coaches participate in an NYSCA interactive video training clinic, successfully complete an exam and sign a pledge committing them to uphold the NYSCA Code of Ethics. Volunteer coaches who are interested in becoming initial members start by taking a 3 hour training course called a "Clinic." This is not sport specific-coaches of all sports are encouraged to attend. For additional information you may also visit the NYSCA's website at [www.nays.org](http://www.nays.org) (national Alliance for Youth Sports)

Fee: \$20.00 Activity 2000.347

### One Day Safe Boating & PWC Course

8:00 - 4:00 p.m.

Town Hall Meeting Rooms

United States Coast Guard, State of Connecticut and National Association of State Boating Law Administrators (NASBLA) approved course. Required for all registered vessels in state of CT. For more information on if you need to take this course, go to [www.dep.state.ct.us](http://www.dep.state.ct.us)

Fee: \$35.00

Saturday

March 17 Activity 2000.426

April 28 Activity 2000.427

May 12 Activity 2000.400

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# Park's Remarks

Town Recreational Facilities Maps and complete information are available on the Parks and Recreation section of the Town web site:  
[www.colchesterct.net](http://www.colchesterct.net).

## Day Pond State Park

Located off Westchester Road, the park offers well-marked scenic hiking trails leading to old foundations, extinct bridges, and the Salmon River. Remains of an old mill are at the west end of the pond. A sandy beach offers swimming. Picnic areas are spread throughout the park.

## Salmon River State Park

Located off Route 16, the park boasts the beautiful Comstock Covered Bridge, plenty of picnic areas along the Salmon River, hiking trails and fishing.

## Chanticlair Golf Course

Located on Old Hebron Road, it is a privately-operated nine-hole public golf course with an adjacent driving range.

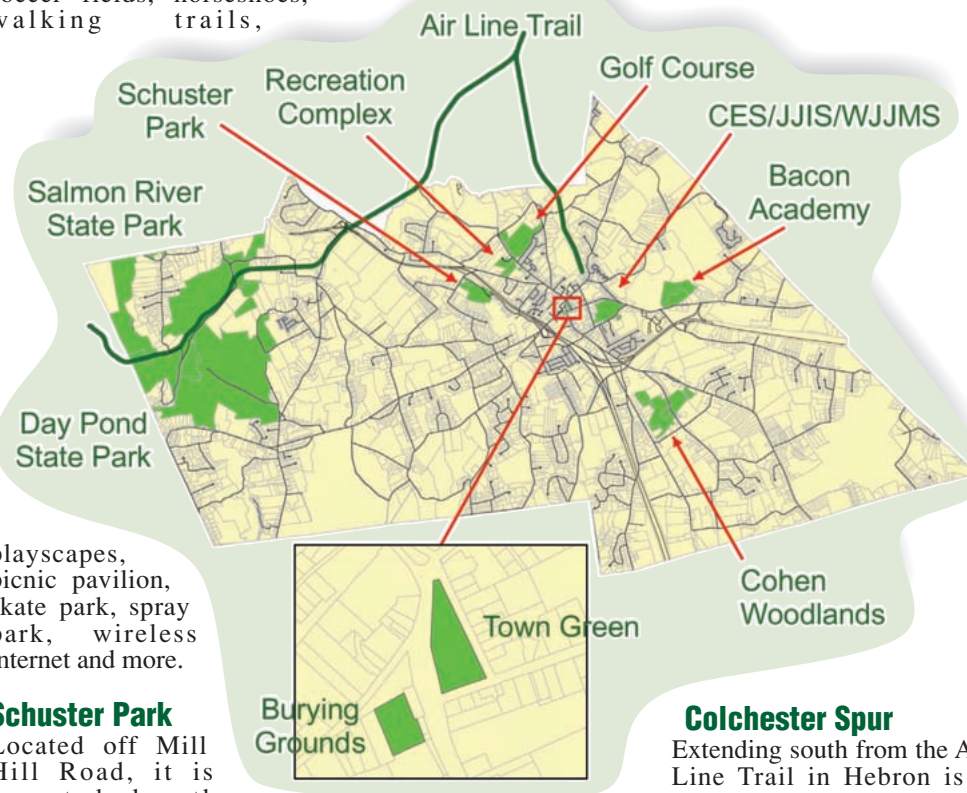
## Town of Colchester Recreation Complex

Located on Old Hebron Road, this park offers softball and baseball fields, tennis courts, basketball courts, soccer fields, horseshoes, walking trails,

## Lions Club Skating Pond

Located on Halls Hill Road, it is open to the public and offers a concession stand and picnic areas.

at the Commuter Lot by Exit 16 off of Route 2, on Bull Hill Road, and at the Salmon River State Forest off of River Road.



playscapes, picnic pavilion, skate park, spray park, wireless internet and more.

## Schuster Park

Located off Mill Hill Road, it is operated by the Colchester Fire Department and offers picnic shelters.

## Ruby and Elizabeth Cohen Woodlands

121 acres of open space located on McDonald Road. The land includes a pond, marshland, trails, picnic areas and a gazebo.

## Air Line Trail State Park

Approximately seven miles of the old Airline Rail Trail runs through Colchester and is an excellent area for hiking and biking, as well as cross country skiing and snowshoeing in the winter months. Parking is available

## Colchester Spur

Extending south from the Air Line Trail in Hebron is a town-owned trail that terminates by the old train depot on Lebanon Avenue in Colchester.

## School Grounds

At the many schools in town are playgrounds and sports fields that are open to public use during non-school hours.

## Town Green

Host to many town-wide events, such as carnivals and art shows, it is also home to a large gazebo and a softball field.



## Facility Reservation Process

Group use of Colchester park facilities, school ballfields and gyms, and the Town Green must be coordinated through the Parks and Recreation Office. Permit applications are available upon request and on the Town web site. Insurance certificates and rental fees may be required.

## PARK RANGERS

Beginning in April, and continuing into the fall, our friendly and dependable Park Rangers will be on duty during evenings and weekends at the RecPlex. While they are there for a number of duties, including advising on proper use of the facilities, we encourage park goers to use them as a customer service resource for information, forms, lost and found, first aid, and more. While Park Rangers are perpetually patrolling the extensive park, they can be reached by cell phone when on duty – see the shed by the pavilion for a posted on-duty status and cell number.

## SMOKING AND ALCOHOL PROHIBITED IN PARK

Please remember that smoking, alcohol and other narcotics are prohibited in the park, as well as on school premises. There are many reasons for these rules, not the least of which is that the Town and the Board of Education wish to have safe havens for our community's children, where they can learn healthy behaviors. When they see athletes and other adult role models drinking and smoking, that sends the wrong message to our kids.

## PLEASE RESPECT YOUR PROPERTY

This is your park. It's just like your very own back yard. Please take a moment to teach your children respect for public property. Remind them to pick up after themselves, use trash containers, and to leave trees and flowers alone for all to enjoy.

## PLEASE! DOGS MUST BE LEASHED!

Town ordinance requires dogs to be leashed on public property, including town parks. Also, please **clean up after your dog**. People (especially children) are playing everywhere! This is unhealthy and inconsiderate. Please don't give the majority of dog owners & dog lovers a bad reputation.

## PLAYSCAPE SAFETY

Did you know that the older kids' playscape units are designed for bigger sized hands to grasp, bigger legs & stronger muscles? Children under 6 are not developmentally ready for these activities and could get hurt. They could also collide with a larger child. Please let common sense decide what's safe, not the kids. Adult supervision is best.

## Lyman Viaduct Repair Update

After doing extensive testing and analysis of the soils that currently support the Lyman Viaduct, CME Associates, Inc. has issued its engineering report and recommendations for stabilization of the embankment. The data supports the anecdotal belief that the damage is being caused by people going up and down the slope, as opposed to and failure of the soils within the slope itself. Several stabilization methods with their respective cost estimates are presented. Based on the findings and the preliminary cost estimates, it appears possible to stabilize the slope with the available funds from the State. However, without eliminating the desire to get to the creek below, "...people will simply find other routes down the slope and cause other failures to occur."

A drastic solution may include making the creek unusable as a swimming hole. Meetings are planned between the Towns of Colchester and East Hampton, CME Associates, and the CT DEP to confirm the stabilization method and determine what steps, if any, can be taken to eliminate pedestrian traffic up and down the slope. Once a repair mechanism is decided upon, final construction documents will be generated and the project will go to bid.

As was previously explained, the erosion of the embankment is not only encroaching on the path that runs along the top of the viaduct, but it is dangerously close to exposing the sewage lines that run beneath the surface. If these sewage lines were compromised, they could spill enormous amounts of waste into the creek and forest below. Last year, the State bonded \$500,000 for an emergency repair to the embankment.

## Fall/Winter Facility Work Update

For the benefit of the community, we will be providing a seasonal update of the many significant repairs and improvements, beyond routine and seasonal maintenance, that have taken place in our parks and school grounds. For more information about any of these items, please contact the Director of Parks & Recreation.

Completed projects:

- Construction of temporary shelter structure at Parks Garage
- New security/access bollards on Air Line Trail and at Recplex
- Dugout repairs at Recplex
- Cleared/trimmed brush/shrubs in front of Bacon Academy
- Pruned trees at Cohen Woodlands
- Completed playground inspections at Recplex and all schools
- Installed new flagpole at WJMS
- Groomed ballfields at Bacon Academy
- Set up season display on Town Green
- Installed winter covers on Recplex football field
- Replace/repair tennis nets
- Handicapped parking sign replacement at Bacon Academy
- Installed new sign board at Recplex
- Added crosswalk to Air Line Trail on Old Hartford Rd.
- Bathhouse closed for season at Recplex
- Drainage repairs along Air Line and Colchester Spur trails
- Assisted Colchester Youth Baseball with installation of new storage sheds at Recplex

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## Dark's Remarks Continued...

### Pavilion Rentals

Looking for a great place to hold a birthday party, family reunion or other gathering? How about our Pavilion at the Recreation Complex! It's simple and inexpensive to reserve:

- Colchester Residents - \$25/4 hrs; \$50/8 hrs
- Non-Residents - \$50/4 hrs; \$100/8 hrs

The reservation form and policies are available on our web site at: [www.colchesterct.net/downloads.html#parkrec](http://www.colchesterct.net/downloads.html#parkrec) Pavilion amenities include up to 12 picnic tables, and 2 charcoal grills. Add'l \$5 for electrical usage (must be reserved in advance). Pavilion renters, like all park goers, may make use of any of the other facilities in the park, as available, including:

- Spraypark
- Skatepark
- Playscapes

Learn more about the Recreation Complex at: [www.colchesterct.net/parks/recplex.html](http://www.colchesterct.net/parks/recplex.html)

*Note:* Reservations are not required for pavilion use - anyone may use it if it is open. However, a reservation, along with a permit from Parks & Recreation, will guarantee its availability. If a group shows up with a reservation permit, it must be vacated. A calendar of reservations is posted weekly at the Camp/Ranger Shed by the Pavilion.

### Lightning Warning System

As you may know, a few years ago the town installed a ThorGuard lightning detection system at the Recreation Complex to aid park users in ensuring their families' safety. This system is a marvel of science, as it has the capability

of detecting imminent lightning long before we can see it. Obviously, this is a huge safety benefit.

As with all mechanical systems, however, there can and will be technical difficulties, at times rendering the system inoperable. So, while we certainly ask all park users to

heed the horn of the system should they hear it, we also ask that users do not disregard their own senses. Should you see lightning, do not wait for the detection system to validate you - for your own safety, vacate the park immediately. **Do not let the system replace your personal responsibility for your own safety.** As always, the safety of our community is our top priority. We look forward to continuing to provide you an exceptional experience in all of our parks, facilities and programs!

When the system detects the probability of a lightning hazard in our immediate area an alarm signal will be initiated to activate sirens on the property. After the hazard has subsided a different signal is sounded to indicate that the area is now safe again.

The signals you may hear are as follows:

#### LIGHTNING ALARM SIGNAL:

- 15 seconds on
- Additionally, a strobe light will be on during the ENTIRE TIME that a hazard is present.
- With lightning imminent, everyone should return to a safe area.

This does not include baseball dugouts, or picnic pavilions. Please return to your automobile, home or any building that has full plumbing and four walls.

#### ALL CLEAR SIGNAL:

- 4 seconds on, 2 seconds off, 4 seconds on, 2 seconds off, 4 seconds on
- Activities may resume

PLEASE BE AWARE that the possibility exists that another storm might follow the first. Always remember, just because one storm has come and gone that does not mean that another one could not strike again. Most strikes occur outside the rain area-just because it stops raining does not mean it is safe to resume activities. You should wait thirty minutes after storm passes.

#### TOP 5 SIGNS THAT FIELDS ARE UNSAFE TO PLAY

1. Fields have standing puddles of water
2. Footing is unsure or slippery
3. Ground is water logged & squishy
4. Grass is easily pulled out of ground
5. Lightning or Severe Weather Storms

When games are played under these conditions, it can often cause irreversible damage to the field. It takes months, sometimes years, for the field to recover. It is also unsafe, causing pulled muscles due to slips & strains.



# Day Camp

Registration Begins Monday, March 12th!

### The Colchester Day Camp Difference

What makes a summer camp experience special and worthwhile? Of course it should be fun filled and exciting! However, at Colchester Day Camp we believe that it should be much more. It should be an opportunity for each child to grow, explore, develop new skills, be nurtured and form friendships, all within a caring and safe environment. This is the world we are committed to providing at Colchester Day Camp. In doing this, it is our goal to join with parents in creating for their children a childhood that will be full of wonderful "memories that will last a lifetime". This is the COLCHESTER PARKS AND RECREATION DAY CAMP DIFFERENCE.

#### A Mature, Experienced Staff

summer after summer they return to Colchester Day Camp. The most mature, nurturing, skilled, carefully chosen and best-trained staff we can find. Our staff is under the direction of Parks and Recreation Director Jason Cohen and Program Director,

Anita Miazga. We are pleased to announce Shannon Tamosaitis (Miss T.) will be returning as our NEW Day Camp Director!

Camp Welcomes New Director Shannon Tamosaitis  
Hi everybody!!!

I am counting down to camp and feel very excited about all the new changes this year! Camp is my favorite time of year and I am thrilled to be sharing my creativity with the Colchester Parks and Recreation Summer Day Camp again this year! I have really enjoyed the school year so far teaching many students at JJIS and CES! So~ until the sun warms us again, take care, keep studying and dream about all the fun there is to come at Camp 2007!!!!

Our Administration team rounds out with four specialists in core areas: Sports & Games, Archery, Nature, Drama and Arts & Crafts.

Our Day Camp supervisors and Head Counselors are college students and mature high school students with several years of experience. We also utilize younger high school students as Junior and Senior Counselors and have a strong 4-week **Counselor-in-Training (C.I.T.)** program for students entering eight, ninth and tenth grade. There is a fee of \$25.00 per person for each week

registered in the C.I.T. program. Application packets are available on our website at <http://www.colchesterct.net>, and in the WJMS & Bacon Academy Guidance Offices. Deadline to apply is March 30, 2007.



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- A warm, soothing heat treatment
- A relaxing application of muscle therapy
- Gentle hands on treatment by a doctor who really cares.
- A referral to the proper specialist if we can't help you.





Day Camp



Volleyball, Modern Dance, Skateboarding, Basketball and Multi-Sport camps. The summer brochure will be available in May.

Staff Training

All staff is required by state law and OSHA mandates to receive training in Bloodborne Pathogens Exposure Control (HEPb/HIV). The Colchester Parks and Recreation Department also requires all staff to attend an extensive Camp orientation seminar prior to the start of camp. Counselors are active participants in training areas such as first aid, Epi – Pen, safety and security, emergency response, splash pad safety, record keeping, staff manuals, department policies and procedures, customer service, positive youth development, and character building. In addition, there are speakers brought in to train them in areas such as how to schedule activities, games and leadership, child development and behavior, and lots of hands on activities such as sports and games, arts and crafts and songs. As you can see, we are very committed to maintaining and

Please see the REC'ing Crew section of the Spring/Summer program brochure for camp programs specially designed for campers entering grades 7 – 9. Also included in the brochure are various other camps for all ages including

developing all our Day Camp staff. It's our BEST investment! To find out the most current information on Parks & Recreation programs & special events please visit our website at: <http://www.colchesterct.net/parkrec.html> We also suggest that you subscribe to our email list for up to the minute notification on rainy day changes and other important information.

Registration Information

Day Camp is for kids entering grades 1 – 6 in Fall 2007. Registration begins on Monday, March 12th at 9:00 A.M in the Parks and Recreation Department located in the Town Hall. Register early for the best availability. The office is open Monday through Friday from 9:00 a.m. – 4:00 p.m. You may call us at 537-7297. All registrations for Day Camp, Kindercamp and the C.I.T. program must be made in person in the office. Please keep in mind all campers are required to have a current (within three years of the date of the exam) copy of their health record on file with Parks & Recreation. The following required forms are available in the Parks & Recreation office and on our website: Camp Registration Form, Medical Release & Pick Up Authorization, Special Authorization, Health Assessment.

Registration for Day Camp and Kindercamp requires a 50% non-refundable deposit. If prior to the start of camp a participant cancels their registration due to an illness or injury, they will receive a refund or credit for fees paid excluding the 50% non-refundable deposit. A doctor's note is required for all refunds. There is a one time \$10.00 administrative fee per child, which includes a 2007 Colchester Day Camp t-shirt.

| Camp Fees – Prices based on 1 week sessions only: |                                  |
|---|----------------------------------|
| Monday – Friday                                   | \$125 includes trip fee          |
| Week 1 only                                       | \$100 (No camp 7/4)              |
| Extended Care AM                                  | \$25 per week (7:00am to 8:45am) |
| Week 1 only                                       | \$20                             |
| Extended Care PM                                  | \$25 per week (4:15pm to 6:00pm) |
| Week 1 only                                       | \$20                             |

ALL BALANCES MUST BE PAID IN FULL BEFORE JUNE 15TH. ANY REGISTRATIONS ACCEPTED AFTER JUNE 15TH MUST BE PAID IN FULL AT TIME OF REGISTRATION.

Scholarship Info:

There are a limited number of scholarships available to campers in financial need. Applications are confidential and can be obtained by contacting Jason Cohen in the Parks and Recreation office.

Camp Dates:

- Week 1: July 2 – July 6 (NO Camp July 4th)
  - Week 2: July 9 – July 13
  - Week 3: July 16 – July 20
  - Week 4: July 23 – July 27
  - Week 5: July 30 - August 3
  - Week 6: August 6 – August 10
  - Week 7: August 13 – August 17
- (No extended Care on the last day of camp)

Non-Resident Policy

Non-residents are welcome to participate if space allows. Non-residents will be charged an additional \$15.00 fee, per-session, per-child. Non-resident registrations will be accepted two weeks after resident registration begins.

Location

Day Camp is held at the Colchester Recreation Complex located on Old Hebron Road. This facility offers a variety of amenities to support a general daily activity schedule which includes playscapes, picnic pavilion, tennis & basketball courts, various ball fields, rest rooms and don't forget the water splash pad and skate park!

Day Camp

Dates & Daily Hours

Camp is held from 9:00 a.m. – 4:00 p.m. Monday through Friday. Camp is offered in 7 one-week sessions starting July 2nd and ending August 17th. There is no camp on Wednesday, July 4th. Please note there is no extended care available on the last day of camp, Friday, August 17th.

SIGN IN/SIGN OUT

You will notice when you arrive that you will be asked by your child's counselor to sign in and out each day. Please have your identification ready to ensure a quick and easy sign out. This is a great time to ask your child's counselor any questions you may have. Your feedback is always welcome!

Arrival & Dismissal

Campers are dropped off in their designated area at the RecPlex each morning at 9:00 a.m. Campers are grouped by grade, 1 - 6. Please look for a large sign with your child's grade on it to determine where you should sign them in. Your child's counselors will introduce themselves to you and your child, you sign them in and the world of camp begins!

If your child arrives earlier than 8:45 a.m. they will be signed in for morning Extended Care. Please pick up your children promptly at 4:00 p.m. where you signed them in. If your child has not yet been picked up by 4:15 p.m. they will automatically be enrolled in afternoon Extended Care.

Extended Care

We have improved our Extended Care program to include organized activities, as well as an opportunity to unwind and relax. Extended Care does include a healthy snack to help beat the late afternoon slump. Extended Care is available for full day campers only. Morning Extended Care is available from 7:00 a.m. – 8:45 a.m. for a flat weekly fee of \$25.00. (week 1: \$20) Afternoon Extended Care is available from 4:15 p.m. – 6:00 p.m. for a flat weekly fee of \$25.00. (week 1: \$20) Please pre register for extended care.

THERE WILL BE NO AFTERNOON EXTENDED CARE ON THE LAST DAY OF CAMP, AUGUST 17th, 2007.

Colchester Day Camp is designed for kids who like a little bit of everything! When children feel loved, they remember.

safe, remember  
listened to, remember  
special, remember  
successful, remember  
important, remember  
memories that last a lifetime ... Colchester Day Camp

What do we do at camp?

Day camp expands imagination & creativity. Games and athletics provide a perfect vehicle for building physical fitness, self-confidence and self-esteem in all our campers in a non-competitive environment. Children are encouraged to reach individual goals and levels of success while having FUN! At the same time they learn to feel wonderful about their individual abilities and talents while developing the values of teamwork, friendship and good sportsmanship.

Each day at camp offers a variety of programs such as drama, nature, arts & crafts, music, and other team building activities.

Our special events are designed around a weekly theme complete with costumes and special guest performers that are a memorable part of every camper's summer. Its no wonder camp creates friendships that last a lifetime!

HUGE HIGHLIGHTS FOR 2007!

In our continuous efforts to create the best possible experience for our campers, we are happy to announce a number of exciting additions to our full-day camp!

Field Trips Are Back!

We are so excited to announce that we are welcoming back FIELD TRIPS with open arms this summer!!! All campers will attend these

enriching and fabulous weekly field trips! As we move closer to camp, more information will be available! Hip-Hip Hooray!!!

Swimming

We are still working with Camp Hemlocks on their availability to accommodate us this summer. Taking into account their many new expansion programs, we are hopeful to finalize an accommodating schedule for our camp as spring approaches!

Elective Periods

Each Monday, campers will choose a special activity they will take part in for one hour each day. The elective groups will change from week to week as camp staff share and teach the campers their special talents and interests!

Things to Look For

- Welcome Day! First day of Camp July 2, 2007 ~ 9:00am!
- Red Cross Parent's Blood Drive @ Camp! Week of July 23rd!
- Family Fun Day at Camp! July 19th and August 2nd!
- Don't forget to pick up your 'camp gift' at time of registration!

Session Themes:

**Week 1** – PROUD PATRIOTS WEEK: We'll kick off the summer by creating teams and playing baseball ~ the All-American sport! Then feasting on juicy watermelon! We'll rally defending arc rival teams~ the Red Sox vs. Yankees, all in good fun! Show your pride wearing red, white and blue all week long! Campers will also have the opportunity to honor our American Troops in a special way.

**Week 2** – BACK TO THE FUTURE: Travel through the past and explore the dinosaurs life, race through a 1960's sock hop, visit the 1970's with groovy tie-dyeing, and re-live the 1980's and 90's through "wacky big hair day" only to return back to 2007 to leave a time capsule!

**Week 3** – OLYMPIANS SPORTS WEEK: Campers will experience camp Olympics through participating in fun familiar and unfamiliar events after

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Day Camp

creating their own countries to represent! Everyone will learn about and develop the value of good sportsmanship while refining their fundamental game skills!

**Week 4 – ECO-CHALLENGE & ENVIORNMENTAL AWARENESS:** Making a difference and contributing to our environment through awareness and recycling! Learn how we can protect our planet Earth-and take action! Camp and beach clean up days after exploring Dr. Seuss’ “The Lorax” with special guest reader.

**Week 5 – HOLIDAY HULLABALLO:** Summer Holiday Extravaganza! Campers will be thrilled to participate in a second helping of Halloween Hype! Christmas & Hanukkah songs and celebrations! Wear red for our Valentine’s Day exchange and create your best designs to win the egg-coloring contest - judged by the Easter Bunny himself! Happy Holidays in July!!!

**Week 6 – SURVIVOR TRIBES & THE GREAT OUTDOORS:** Campers Create tribal teams and work together to build shelters, climb and dart over obstacle courses, race through mazes and challenge competitions! Put on your thinking hats to solve riddles & immunity puzzles that will test your tribe’s ultimate survivor skills!!!

**Week 7 – LIVE IN YOUR WORLDÉPLAY IN OURS:** celebrate the last week of camp with our traditional games~ pie eating contests, ticket to ride, the great talent show and Cerdnaskrap awards! Master games from all over the world ~ Australian kickball, Spain’s World Cup Soccer and train for the Hawaiian Ironman Competition!

Other Important Details...

RED ZONE DAYS

Red Zone or Extreme Heat Days are WET & WILD at camp! Many extra water activities are scheduled throughout the day. The WATER SPLASH



will notify you of any changes.

Discipline

Our Day Camp staff adheres to a fair but strict discipline policy. Campers whose behavior interferes with a positive camp experience for other campers may be subject to dismissal.

Notices and Flyers

If your child leaves camp before closing ceremonies or will be missing a day or two, please check with your child’s counselor for information and reminders about upcoming special events or other activities your child will need to be prepared for upon his/her return to camp. All flyers, reminders etc. are distributed to campers at dismissal time.

Insurance Information

We are unable to assume responsibility for injuries/accidents occurring at programs or on park facilities. Such insurance would make programs and user fees cost prohibitive.

Photo Permission

Participants permit the taking of photographs and video of themselves and their children during recreation activities for publication and use by the Parks and Recreation Department for promotional purposes unless otherwise stated.

What to Bring

- **LABEL EVERYTHING!!** In addition to all clothing, please label lunch boxes, towels, water bottles, backpacks, sunscreen etc. If your child loses something, check the LOST & FOUND located outside the Day Camp Office. All unclaimed articles will be donated to charity each Monday.
- All campers should wear sneakers. **SANDALS ARE NOT ALLOWED!** Water shoes are required in the Water Splash Pad area. If a child does not have water shoes, he/she will not be allowed to enter the splash pad that day.
- Bathing suits, towels and lunch should be sent with each camper daily.
- Please apply waterproof sunscreen to your child prior to their arrival at camp. We recommend that you send sunscreen with them daily and teach your child how to re-apply sunscreen at camp to protect them from sunburn.
- Please do not allow your child to bring expensive/valuable items to camp such as Gameboys, CD players etc. We are not responsible for lost or stolen items.

Lunch

Please send your camper with lunch and a healthy snack each day. Do not send glass containers. There is NO refrigerator available, so please include an ice pack. We highly recommend sending your child with a water bottle, which may be refilled as needed throughout the day at the water fountain. Re-usable containers are encouraged to reduce waste at the water park. There will be occasions during special events when we will offer a special snack as it relates to a theme. Also we have a no tolerance policy for any knives or other dangerous objects. Please do not pack any butter knives for your child’s lunches.

Campers also have the option of purchasing a special lunch meal deal from a local restaurant. Order forms are available in the Day Camp office.

Every Child Matters To Us!

Kindercamp

Here is some information specific to Kindercamp. We strongly recommend you read this entire brochure.

Kindercamp (for children who will turn 3 years old before 12/31/06 through entering kindergarten) is our specially designed camp for pre school children. Under the guidance and care of our mature, gentle staff, our youngest campers are given a special experience.

Our program recognizes the social and motor skill level of pre-school children. It has been created to provide a warm, nurturing atmosphere where our youngest campers are encouraged to expand their horizons while feeling safe and cared for. What better way can there be to start their wonderful years of camping?

This terrific group of counselors join together to make each day at Kindercamp the best ever for our three, four and five year olds. With the wonderful world that has been created for them, it is no surprise that every day is magical for our youngest campers and that the Kindercamp experience establishes an enthusiasm and love of camping that will last well into adolescence while providing them with a lifetime of memories!

Kindercamp has an outstanding staff that works exclusively with our youngest campers. Kindercamp is held from 9:00 a.m. to 11:30 a.m. Monday through Friday with other options also available. (See below) Kindercamp is offered in 7-one week session starting July 2nd and ending August 17th. The staff to camper ratio for Kindercamp is 1:8. Extended care is not available for Kindercampers. Please be sure to send your Kindercamper with a snack each day. Please apply waterproof sunscreen to your child prior to their arrival at camp. We also ask that you please send your kindercamper to camp in their bathing suit.

Kindercamp Staff

Kindercamp Director, Deana Stella has worked with the Town of Colchester as an instructor for a variety of preschool recreation programs, and has been the director of Kindercamp for over 8 years. Deana has a bachelor’s degree in Early Childhood Education from Central Connecticut State University and is a licensed Head Teacher. Deana now owns and operates her own pre-school, Wee School Preschool. Deana has many years of experience with children both professionally and personally. She is the mother of three growing girls who Love Camp!

In addition to being the assistant director for Kindercamp, Cari Duigou teaches preschool at RHAM High School in the Kinder-RHAM-a program. She received her associate’s degree in Early Childhood Education/Special Education at Three Rivers College. She is currently working towards completing her Teachers Certificate from Central Connecticut State University. Cari has a very special talent for making learning fun!

**Please wear a bathing suit to camp and apply waterproof sunscreen to your child prior to their arrival.**

|  |                                  |             |
|--|----------------------------------|-------------|
| <b>Camp Fees – Prices based on 1 week sessions</b> |                                  |             |
| <b>Plan A</b>                                      | <b>Monday – Friday</b>           | <b>\$60</b> |
| <b>Plan B</b>                                      | <b>Mon/Wed/Friday</b>            | <b>\$45</b> |
| <b>Week 1:</b>                                     | <b>Mon &amp; Fri NO CAMP 7/4</b> | <b>\$30</b> |
| <b>Plan C</b>                                      | <b>Tues/Thurs</b>                | <b>\$36</b> |

There is a one time \$5.00 administrative fee per child, which includes a 2007 Colchester Day Camp t-shirt!

Arrival and Dismissal

Kindercampers are dropped off in the designated area at the RecPlex each morning at 9:00 a.m., no earlier please. Kindercamp’s drop off point is under “Tim’s tree” the big tree located behind recreation field R5. They are picked up at 11:30 a.m. at either the playground or the spray park. There is no Extended Care for kindercampers. After 11:35, there is a \$5.00 late charge for every 5 minutes or part thereof that a parent is late picking up a child. We appreciate your promptness.

The Daily Scoop

Kindercampers start their day with their own opening ceremonies. Then the world of camp opens! Activities vary; each day includes arts & crafts, games, music, storytelling, playscape time, water activities, nature hikes, special events and more! The **WATER SPLASH PAD** is a favorite for all campers! Some special guests include Kathy Flanagan’s Happy Notes, CT Audubon Society and Funtastic Inflatables which add a special excitement to our Kindercamper’s day!

Rainy Days at Kindercamp

If it is raining, we will hold Kindercamp, along with the Day Camp, at **Jack Jackter Elementary School**. Please use the gym ramp entrance. For consistency, we will try to make the decision as early as possible. Once your camper is signed in, if an issue arises, we will transport all campers to JJIS by bus. Kindercampers will travel as a group and will be accompanied by their counselors during the relocation process. If there is ever a question of where camp might be, please call the camp office at **537-6583**.

Kindercamp Themes

- Week 1:** Holiday Hullabaloo
- Week 2:** Around The World in 5 Days
- Week 3:** Water, Water Everywhere
- Week 4:** Crazy Critter Week
- Week 5:** Outer Space
- Week 6:** Wonders of Nature
- Week 7:** Head, Shoulders, Knees and Toes



Themes are subject to change without notice

NOT CONTRIBUTING TO YOUR IRA BEFORE THE APRIL 17 DEADLINE DOESN'T MAKE MUCH SENSE EITHER.

You already know how important it is to save for retirement. That's why you should maximize your IRA contribution every year. Fortunately, if you haven't made your 2006 contribution, you still have time: The deadline is April 17. Even if you already have an IRA elsewhere, it's easy to transfer to an Edward Jones IRA and begin receiving the face-to-face advice you deserve.

To learn more about the advantages of an Edward Jones IRA, call or visit before April 17.

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Financial Advisor

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Norwich Bulletin NorwichBulletin.com

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## GENERAL INFORMATION

### Insurance Information

We are unable to assume responsibility for injuries/accidents occurring at programs or on park facilities. Such insurance would make programs and user fees prohibitive.

### Photo Permission

Participants permit the taking of photographs and video of themselves and their children during activities for publication and use for promotional purposes unless otherwise stated.

### Americans with Disabilities Act

We are committed to accessibility for individuals with disabilities and strive to provide equal, integrated participation in all programs and services. We will reasonably accommodate all qualified program applicants in accordance with the 1990 Americans with Disabilities Act (ADA). We welcome questions, comments and concerns of interested community members regarding ADA compliance.

### Find a Mistake?

It is our policy to include something for everyone. Since some people like to find errors, we regularly include a few in our brochure to meet this need. A Parks and Recreation water bottle will be awarded to the first caller to report an error. Program Changes Every effort has been made to ensure the accuracy of the information presented in this program guide. However, all courses, instructors, locations and fees described are subject to change.

# HOW TO REGISTER

Registration Procedure: Please remember to include the *Activity Number* and *Activity Name* on your Registration Form. Example:

**Women's Basketball**

**2000.303 WJJMS Gym 6:00pm-9:00pm Th**

## 1. Walk-In

Stop by the Parks and Recreation office, Room 107, First Floor Town Hall. We are open to the public Monday thru Friday, 9:00 am - 4 pm.

## 2. Mail-In

Mail in registration form and fee (payable to the Town of Colchester) to:

**Parks & Recreation  
127 Norwich Avenue  
Colchester, CT 06415.**

## 3. Drop Box

Drop it in the drop box slot to the left of the front doors of the Town Hall. You can do this anytime the office is closed.

## 4. Fax or E-mail with

**Fax (860) 537-0547**

**apmiazga@colchesterct.gov**



## 4. Online Registration

Colchester Parks & Rec is part of the Active.com network to provide you with access to our programs 24/7. If you go to **www.colchesterct.net** you can access all Parks & Recreation program information and register on-line at your convenience! To access program information, click on Parks and Recreation on the menu, then click on Parks & Recreation PROGRAMS. This will link you directly to Active.com's website. You will find all programs offered listed at this location. To sign up for a program on line, you must register with Active.com initially to log on. There is a small processing fee to register this way. Sorry, program discounts and credits are not redeemable when registering on line.

**PLEASE DO NOT PUT CREDIT CARD INFO IN A FAX OR EMAIL!**



### Satisfaction Guarantee

Satisfaction is the goal of the Parks and Recreation Department. We are committed to offering the best programs and services we can. If at any time you are not happy with our services, please let us know your concerns in writing as soon as possible. We will arrange one of the following:

- Repeat the program at no additional charge
- Receive a credit that may be applied to another activity
- Receive a refund (allow 4 weeks to process)

This policy applies to all programs except trips and tours.

### Refund/Credit Policy

All refunds will be charged a \$10 handling fee, must be accompanied by a written request and be over \$20. Refunds under \$20 or without a written request will be left as a credit on the household's account. Credits to the household's account are not subjected to the \$10 handling fee. Prior to the program registration deadline (1 week prior to the start date) if a participant cancels their registration, they may receive a refund or credit. After the program registration deadline date refunds will only be given when accompanied by a doctor's note. If you transfer between classes before the registration deadline date there will be no handling fee.

### Inability to Pay

If a hardship exists, the applicant may be granted a reduced or waived fee. Forms are available upon request. Confidential written applications may be made to the Parks and Recreation Director.

### Non- Resident Policy

Colchester residents registrations will be processed first. Non-residents are eligible to participate if space allows. Non-resident registrations will be processed one week after registrations begin. There will be a \$15.00 non-resident fee. Non-residents may be placed on a waiting list, and will be called after all Colchester residents from the waiting list are contacted. Non-residents are ineligible to participate in a lottery. This policy excludes bus trips.

### Waiting List

All registrations are accepted on a first come, first served basis. Enrollment cannot be guaranteed. If your desired class is filled, you will be notified and placed on a waiting list. We will make every effort to accommodate those on the waiting list by adding classes if possible. If additional class openings become available, we will use the waiting list to fill the class. If no openings occur, we will make a full refund.

### Seasonal Brochures

Seasonal Brochures will be published 3 times a year. Generally, Winter/Spring activities are available in January. Spring/Summer activities are available in March and Fall/Winter activities are available in September of each year.

### •• Please Read!!!! •• LOW ENROLLMENT PROCEDURE

**The Early Bird Gets the Worm! Don't let a great program get cancelled due to low enrollment! REGISTER EARLY! If a program does not meet its minimum enrollment number one week prior to the start of the program, it will be cancelled.**

### PAYMENT PLANS

**With a 50% non-refundable deposit, you may hold your spot in a class and set up an individualized payment plan. All payments must be made prior to the last class.**

## YOU MUST PRE-REGISTER FOR ALL PROGRAMS

# REGISTRATION FORM

NO REGISTRATION WILL BE COMPLETED WITHOUT PAYMENT

Name/Adult: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Has this Address changed since you last registered? \_\_\_\_yes \_\_\_\_no

Evening Phone: \_\_\_\_\_ Day Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Secondary Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

### MEDICAL INFORMATION

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Please list any allergies, medications, or previous conditions which we should be aware of:

i.e. ADD, ADHD, Hearing impaired, Visually Impaired, Special Ed, etc. Allergies i.e. Peanuts, Laytex, Bee Stings, etc.

Do you need an accommodation because of a disability to enjoy this program? YES NO

Wheel Chair Access for Bus Trips

### ASSUMPTION OF LIABILITY

Participation in the activity may involve risk of injury. As a parent, guardian or participant, I am aware of these hazards and my ability to participate. I hereby agree to release, discharge and hold harmless the Town of Colchester, its employees contracted instructors and volunteers from the liabilities which may occur while participation in the activity. I understand that participation in any recreational or sport activity involves risk. I further understand that the Town of Colchester does not provide accident/medical insurance for program participants. In addition, I give permission for the child(ren) to be treated by qualified medical personnel in the event that the above named parent/guardian can not be reached at the phone numbers provided.

Signature (Parent/Guardian if participant is under 18) \_\_\_\_\_ Date \_\_\_\_\_

Other Signatures (All those listed below over 18 years of age must sign the release.) \_\_\_\_\_ Date \_\_\_\_\_  
Please Circle: Credit Card#: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_ Signature: \_\_\_\_\_

| Participant | Sex | Date of Birth | Grade | Activity Number | Cost | Activity Name |
|-------------|-----|---------------|-------|-----------------|------|---------------|
|             |     |               |       |                 |      |               |
|             |     |               |       |                 |      |               |
|             |     |               |       |                 |      |               |
|             |     |               |       |                 |      |               |

Please send this form to:  
Parks & Recreation • 127 Norwich Avenue • Colchester, CT 06415  
or fax to 537-0547  
Make check payable to: Town of Colchester

## FOR OFFICE USE ONLY

DATE: \_\_\_\_\_ REC'D BY: \_\_\_\_\_

CASH/CREDIT/CHECK # \_\_\_\_\_

☐ RECWARE ☐ WAIVER ☐ CONFIRMATION



## Focus On...

### Jason Albrycht

If you stop in to the Parks & Recreation Office, chances are that Jason Albrycht will be there to greet you. As our frontline Program Assistant, Jason does it all – from providing exceptional customer service to program registrants, to overseeing events and activities. Everywhere you turn, Jason is there to help. You'd never know that he is only part-time, working just 29 hours per week.



Some of Jason's responsibilities include the planning and production of all adult programs, such as our new Adult Recess, as well as numerous special events, such as the Hershey's Track and Field Meet. Jason also coordinates our summer "Movies on the Green"

series, as well as the new classes taking place on the climbing wall at Bacon Academy. And, of course, he's usually at our front desk in the office, ready to assist with a program registration or facility request.

When he's not serving the Colchester community, Jason can be found practicing what he preaches: staying healthy and active. He's a regular at his gym, and a dedicated player in the adult softball league in Southington where he lives. And from spring through fall, Jason is a die hard member of the Red Sox fan club. To complement his work here, Jason also works at his local Dick's Sporting Goods, where he enjoys helping others gear up for their activity of choice. With all this going on, Jason is always on the look out for just the right girl to share his life.

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Call (860) 396-6839 for special group rates and programs or visit [www.pequotmuseum.org](http://www.pequotmuseum.org).



We are open daily for groups from 9 am until 4 pm, last admission at 3 pm (groups by reservation). 110 Pequot Trail, Mashantucket, CT 06338-3180.

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FEBRUARY 2006





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